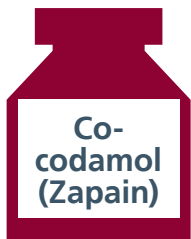


Opioid use in persistent pain



Recognise these?



For short-term and end of life pain, medications such as morphine and codeine can be very effective. For longer periods they can have serious effects.

Talk to your pharmacist about reducing your pain killer for a month. You may feel worse for a couple of weeks but most people find that their quality of life improves and their pain gets no worse.

More and more research is showing that...



Long term opioid use can **reduce your quality of life** and actually **cause you more pain**.



After **12 weeks**

opioids are **no more effective than a placebo** in treating persistent pain.



4 out of 5

patients receive little or no benefit from long term opioid use.



1 in 5

that do benefit, only receive a 30% reduction in pain.

For more information, talk to your pharmacist now or visit www.newdevonccg.nhs.uk

Community Pharmacy Pain



Management Support Service

NEW Devon CCG is launching a community pharmacy-led pilot service to support patients prescribed analgesia for the management of non-cancer chronic pain. Recent concerns have been highlighted in 'Opioids Aware,' which can be accessed at www.fpm.ac.uk/faculty-of-pain-medicine/opioids-aware. Our training evening will accredit pharmacists to deliver the new MUR and NMS style services and include a presentation from Dr Anthony Davies, Consultant in Pain Medicine at Derriford Hospital.

Spaces will be limited to two places per pharmacy, but locums and peripatetic staff from the Plymouth area are also welcome to attend.

2nd July 2018, 18:30 at Future Inn

1 William Prance Road, Plymouth PL6 5ZD

Agenda

18:30 Hot buffet and sponsor exposé

19:00 Introduction and scene setting

19:10 Dr Davies: The scale of the problem in Plymouth, the role of the Pain Clinic and Holistic care, with time for questions and answers.

20:10 Service Launch: Specification, PharmOutcomes and Funding Arrangements

20:40 Case Studies

21:00 Final Questions and Close

To book, please contact lynn.bailey@nhs.net